

# **HOLY CROSS COLLEGE (AUTONOMOUS)**

**(Affiliated to M.S. University, Tirunelveli)**

**Accredited with A+ Grade (CGPA 3.35 – 4<sup>th</sup> Cycle) by NAAC**

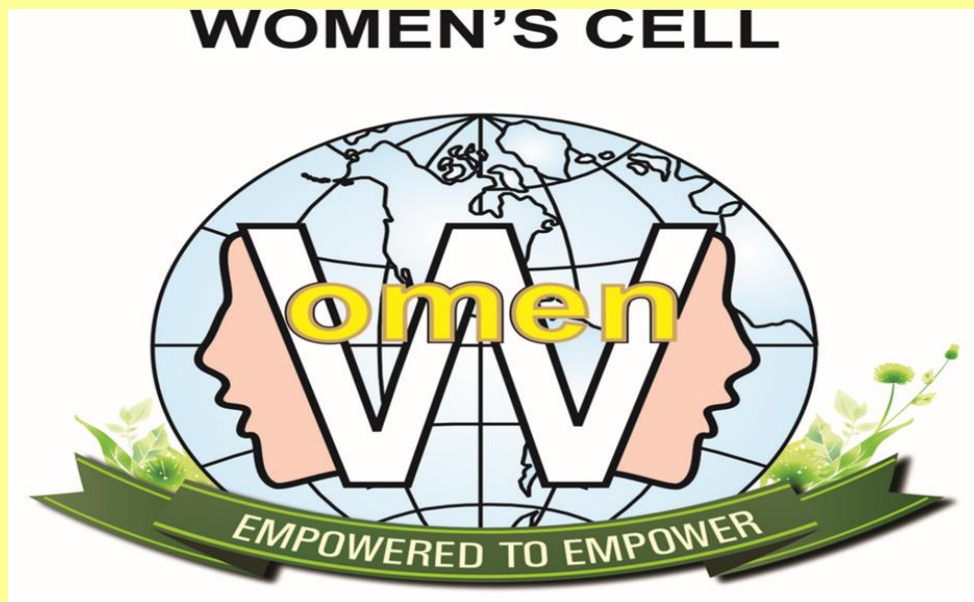
**Nagercoil - 629 004, Tamil Nadu, India**



**(2022 -2023)**

## **ANNUAL REPORT**

### **WOMEN'S CELL**



## 2022-2023

**Title of the Programme** : Selection of Office bearers  
**Date** : 08 -08-2022  
**Organized by** : Women Cell  
**Theme/ Objective** : To elect the office bearers  
**Outcome of the Activity** : The students were elected  
**Impact of the activity** : Created responsibility in students  
**Number of the Beneficiaries:** 85  
**Venue** : Cecile Hall



5C37+RQC, Holy Cross College Rd, Thollavilai, Nagercoil,  
Tamil Nadu 629002, India

Latitude  
8.154337434098125°

Longitude  
77.41481060162187°

Local 03:00:35 PM  
GMT 09:30:35 AM

Altitude -8 meters  
Monday, 08-08-2022

**Title of the Programme** : Awareness program on - “Organ Donation: A Rethinking for Reliving”

**Date** : 18-08-2022

**Organized by** : Women Cell

**Theme/ Objective** : To bring awareness about organ donation

**Outcome of the Activity** : Insisted the importance of organ donation

**Impact of the activity** : Motivated to become organ donars

**Number of the Beneficiaries:** 132

**Venue** : College ground



**Title of the Programme** : Talk on “Humanity Then vs Now”

**Date** : 02-09-2022

**Organized by** : Women Cell

**Theme/ Objective** : To realise the diminishing human values & develop the good society

**Outcome of the Activity** : Students realized the importance of human values

**Impact of the activity** : Decided to create a wonderful society

**Number of the Beneficiaries:** 85

**Venue** : Room No : 2





**Title of the Programme** : Talk on “Styles of Leadership”  
**Date** : 26-09-2022  
**Organized by** : Women Cell  
**Theme/ Objective** : To create good leadership skills  
**Outcome of the Activity** : Understood the main skills required to become a good leader  
**Impact of the activity** : Gained knowledge about leadership skills  
**Number of the Beneficiaries:** 85  
**Venue** : Room No: 2



**Title of the Programme** : Kumari Green Fest  
**Date** : 1-10-2022  
**Organized by** : Women Cell  
**Theme/ Objective** : To insist the importance of millets  
**Outcome of the Activity** : Realised the gifts of nature  
**Impact of the activity** : Understood the need to protect nature  
**Number of the Beneficiaries:** 200  
**Venue** : Golden Jubilee Hall



**Title of the Programme** : World Mental Health Day – Counselling Program

**Date** : 6-10-2022

**Organized by** : Women Cell

**Theme/ Objective** : To impart the significance of mental health in modern wor

**Outcome of the Activity** : Understand the importance of developing good mental health  
to improve their quality of life

**Impact of the activity** : To develop good mental health

**Number of the Beneficiaries:** 75

**Venue** : Room No: 2



**Title of the Programme** : Talk on “Women Equality”  
**Date** : 13/10/2022  
**Organized by** : Women Cell  
**Theme/ Objective** : To create a society which respects women.  
**Outcome of the Activity** : Created an awareness on women equality  
**Impact of the activity** : Insisted that men and women are equal  
**Number of the Beneficiaries:** 72  
**Venue** : Room No: 2

**Title of the Programme** : Training program on Vermicompost preparation  
**Date** : 20/10/2022  
**Organized by** : Women Cell  
**Theme/ Objective** : To give hands-on- training on Vermicompost  
**Outcome of the Activity** : Understood the procedure to prepare vermicompost  
**Impact of the activity** : Able to create vermicompost units at home  
**Number of the Beneficiaries:** 84  
**Venue** : Vermicompost plant





**Title of the Programme** : Preparation of household cleaning chemicals.

**Date** : 28.10.2022

**Organized by** : Women Cell

**Theme/ Objective** : To orient the students to prepare their own chemicals of daily use.

**Outcome of the Activity** : Understood the method of preparing chemicals of everyday use.

**Impact of the activity** : Able to prepare household chemicals

**Number of the Beneficiaries:** 79

**Venue** : Room No: 2



**Title of the Programme** : Women Safety Act for employees  
**Date** : 19.12.2022  
**Organized by** : Women Cell  
**Theme/ Objective** : To understand the acts related to women safety.  
**Outcome of the Activity** : Insisted the need for women safety  
**Impact of the activity** : Aware of the acts related to women safety  
**Number of the Beneficiaries:** 83  
**Venue** : Room No: 2

**Title of the Programme** : Healthy Lifestyle

**Date** : 10. 01. 2022

**Organized by** : Women Cell

**Theme/ Objective** : To bring healthy Life style in women

**Outcome of the Activity** : Realised the need for healthy life

**Impact of the activity** : Motivated to lead a healthy life

**Number of the Beneficiaries:** 79

**Venue** : Room No: 2

**Title of the Programme** : Demo on art from waste

**Date** : 19.01.2023

**Organized by** : Women Cell

**Theme/ Objective** : To make the students create art from waste

**Outcome of the Activity** : Got the skill of making art from waste

**Impact of the activity** : Motivated to create art from waste

**Number of the Beneficiaries:** 78

**Venue** : Room No: 2

**Title of the Programme** : Short film on “Women Empowerment”

**Date** : 27-01-2023

**Organized by** : Women Cell

**Theme/ Objective** : To empower women

**Outcome of the Activity** : Empowered to become successful women

**Impact of the activity** : Realised the potential of women

**Number of the Beneficiaries:** 74

**Venue** : Room No: 2

**Title of the Programme** : Awareness program on Cancer

**Date** : 02.02.2023

**Organized by** : Women Cell

**Theme/ Objective** : To create awareness about cancer

**Outcome of the Activity** : Explained the causes, stages and treatment methods of cancer

**Impact of the activity** : Became aware of Cancer and its treatment

**Number of the Beneficiaries:** 76

**Venue** : Room No: 2



**Title of the Programme** : International Women's Day

**Date** : 08-03-2023

**Organized by** : Women Cell

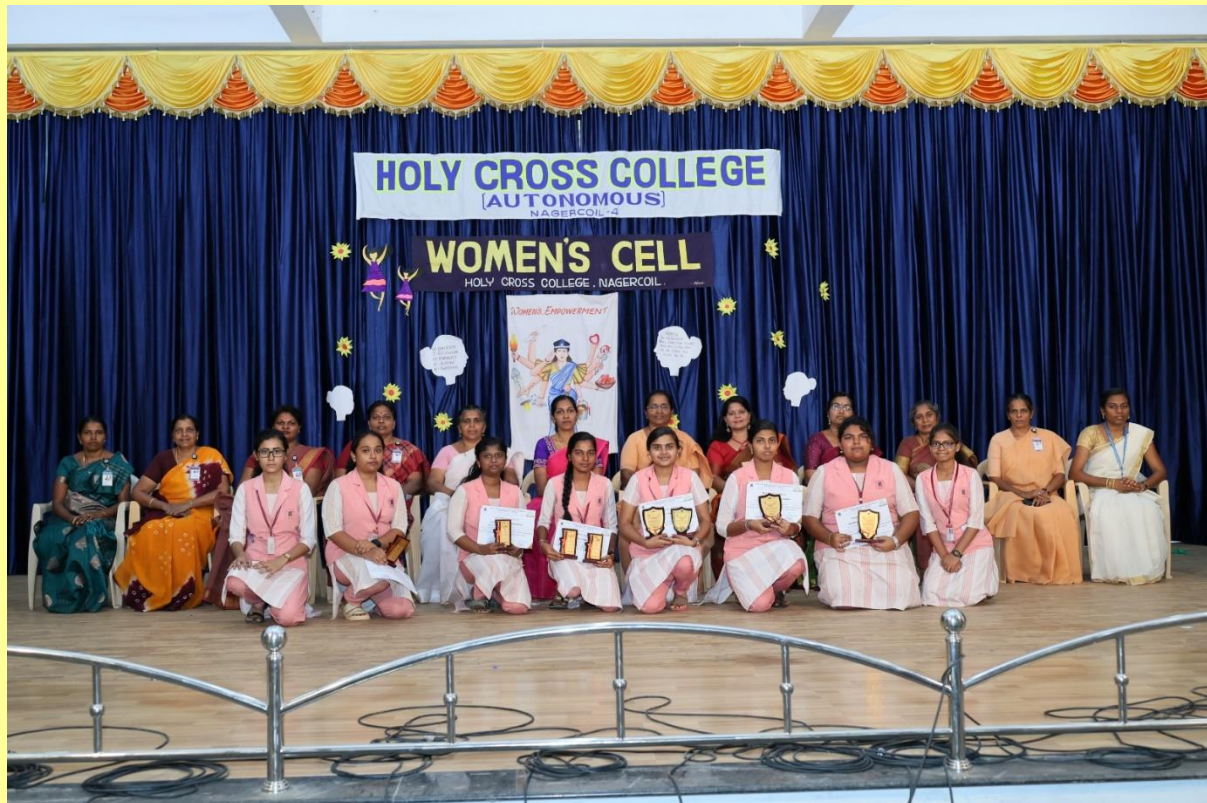
**Theme/ Objective** : To empower women

**Outcome of the Activity** : Insisted the importance of women in the society

**Impact of the activity** : Empowered to become successful women

**Number of the Beneficiaries:** 2086

**Venue** : Golden Jubilee Hall



**Title of the Programme** : Green Fest - Pasumai Sangamam

**Date** : 03-03-2023

**Organized by** : Women Cell in collaboration with Nanban & RISE foundation

**Theme/ Objective** : To create green revolution among students

**Outcome of the Activity** : Realised the importance of ancient food habits

**Impact of the activity** : Brought awareness about the importance of organic foods and  
the need to preserve nature

**Number of the Beneficiaries:** 2800

**Venue** : Golden Jubilee Hall



**Title of the Programme** : Talk on “Entrepreneurship through Environmental Sustainability”

**Date** : 13-03-2023

**Organized by** : Women Cell

**Theme/ Objective** : To create green awareness among students

**Outcome of the Activity** : Realised the importance of Environmental Sustainability

**Impact of the activity** : Brought awareness about the importance of Entrepreneurship

**Number of the Beneficiaries:** 74

**Venue** : Room No: 2

**Title of the Programme** : Talk on “Emotional Intelligence for Enigmatic Women”

**Date** : 20-03-2023

**Organized by** : Women Cell

**Theme/ Objective** : To create emotional stability

**Outcome of the Activity** : Realised the importance of Emotional Intelligence

**Impact of the activity** : Brought awareness about the importance of Emotional Maturity

**Number of the Beneficiaries:** 74

**Venue** : Room No: 2

**Title of the Programme** : Multidisciplinary National Seminar on “Indian Philosophy, Language Ethnicity and Entrepreneurship” PG & Research Department of English, Women’s Cell ad IIC sponsored by Indian Council of Philosophical Research (ICPR)

**Date** : 24-03-2023

**Organized by** : PG & Research Department of English, Women’s Cell ad IIC sponsored by Indian Council of Philosophical Research (ICPR)

**Theme/ Objective** : To know about Indian Philosophy, Language Ethnicity and Entrepreneurship

**Outcome of the Activity** : Realised the importance of Indian Philosophy

**Impact of the activity** : Brought awareness about the Entrepreneurship skills

**Number of the Beneficiaries:** 506

**Venue** : Multipurpose Hall

